



WerkSan Sport uzun yıllardır fitness ve halter ekipmanları üretimindeki kalitesi ile tanınmıştır. Şimdi WerkSan Yeni WS Fitness Aletleri Serisi ile daha da geliştirilmiş, estetik bir görünüme sahiptir. Yeni WS Fitness Aletleri Serisi dayanıklı olmakla beraber, kullanım ve bakımı kolay ve güvenlidir. Farklı kas gruplarını çalıştırmayı sağlayan bu yeni seri, çeşitli spor branşlarında profesyonel ve amatör olarak faaliyet gösteren tüm bireylere hitap etmektedir.

Saygılarımızla,

Kemal Özkul  
WerkSan Yönetim Kurulu Başkanı

Ceyhun Özkul  
WerkSan Yönetim Kurulu Bşk. Yrd.

WerkSan Sport has been long recognised for its quality in its fitness and weightlifting equipment production. Now WerkSan has a more developed and esthetic look with its New WS Fitness Equipment Series. The New WS Fitness Equipment Series with its high durability, has an easy and safe use and maintenance. This new serie which enables you to workout different muscle groups, appeal to all users that are active in different sport branches both professionally and non-professionally.

Regards,

Kemal Özkul  
WerkSan President

Ceyhun Özkul  
WerkSan Vice-President

## Sertifikalar



**WERK SAN**  
Sport International

**Fitness**

INTERNATIONAL WEIGHTLIFTING FEDERATION  
FOUNDED 1905

POWER  
P-1000

*The real power of athletes*

## WRK-TXD



WRK-TXD001

Seated Dip  
Size(L\*W\*H(mm)):1480\*1080\*1640mm  
Machine weight:281kg  
Weight stack:115 kg



WRK-TXD002

Lateral Raise  
Size(L\*W\*H(mm)):1180\*958\*1640mm  
Machine weight:255kg  
Weight stack:60 kg



WRK-TXD005

Vertical Row  
Size(L\*W\*H(mm)):1650\*1050\*1640mm  
Machine weight:270 kg  
Weight stack:100 kg



WRK-TXD008

Seated Leg Extension  
Size(L\*W\*H(mm)):1225\*1240\*1635mm  
Machine weight:274 kg  
Weight stack:115 kg



WRK-TXD003

Vertical Press  
Size(L\*W\*H(mm)):1460\*1330\*1640mm  
Machine weight:265kg  
Weight stack:115 kg



WRK-TXD004

Vertical Traction  
Size(L\*W\*H(mm)):1230\*1530\*1950mm  
Machine weight:291kg  
Weight stack:115 kg



WRK-TXD007

Prone Leg Curl  
Size(L\*W\*H(mm)):1680\*1125\*1640mm  
Machine weight:265 kg  
Weight stack:100 kg



WRK-TXD006

Abdominal Isolator  
Size(L\*W\*H(mm)):1215\*1115\*1635mm  
Machine weight:238 kg  
Weight stack:100 kg

## WRK-TXD



WRK-TXD010

Back Extension  
Size(L\*W\*H(mm)):1210\*1161\*1640mm  
Machine weight:235 kg  
Weight stack:115 kg



WRK-TXD012

Biceps Curl  
Size(L\*W\*H(mm)):1180\*1560\*1640mm  
Machine weight:205 kg  
Weight stack:60 kg



WRK-TXD016

Rotary Torso  
Size(L\*W\*H(mm)):1140\*1130\*1640mm  
Machine weight:258kg  
Weight stack:75 kg



WRK-TXD015 018

Shoulder Press  
Size(L\*W\*H(mm)):1640\*1530\*1640mm  
Machine weight:300kg  
Weight stack:115 kg



WRK-TXD013

Abductor & Adductor  
Size(L\*W\*H(mm)):1450\*715\*1635mm  
Machine weight:198kg  
Weight stack:70 kg



WRK-TXD011

Pectoral Fly  
Size(L\*W\*H(mm)):1460\*1060\*1635mm  
Machine weight:236kg  
Weight stack:115 kg



WRK-TXD020

Long Pull  
Size(L\*W\*H(mm)):1800\*1140\*1635mm  
Machine weight:216kg  
Weight stack:115 kg



WRK-TXD017

LAT Pulldown  
Size(L\*W\*H(mm)):1582\*1110\*2180mm  
Machine weight:220kg  
Weight stack:115 kg

WRK P 7000



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- 1.MND-P1000 adopts new design idea of North America, which makes P-1000 more succinct, massive and steady. The perfect combination of several advanced technology highlights noble and luxury.
- 2.The application of advanced technology of P-1000, such as automatic lubrication system and digital transmission system, ensures stability and safety of movement, thus achieving an excellent combination of fashion and technology.
- 3.Handles of P-1000 is soft and comfortable through using of polyurethane foaming materials.
- 4.Roller of P-1000 adopts 100mm diameter.
- 5.P-1000 measures heart rate high-sensitively via hand-grip sensing system.
- 6.Function: Several running programs are built in P-1000 for mountaineering, country-crossing, racing and weight-losing. P-1000 supports functions of screen-touching, wired-and-wireless internet accessing, AV-inputting and MP3/MP4/Bluetooth.
- 7.Screen: Full touch Screen, Capacitive touch screen, 18.SCur, 16 : 9
- 8.Motor: Low-noise AC motor. Motor power: 1100 for continuous power and 7HP for maximum power. Input: 220V/50HZ/8.6A
- 9.Controller: frequency conversion speed regulator. Speed: 1-20km/h. Gradient: 0-20%.
- 10.Running deck: elastic running platform design, 25mm thickened running belt, running board, lower noise.
- 11.Running Belt size: 3625mm\*580mm
- 12.Running area: 1600\*580mm
- 13.Floor area: 2050\*900mm
- 14.Height: 1700mm
- 15.Handle size:1100\*170mm
- 16.Roller: 100mm diameter
- 17.Free-maintenance Auto lubrication system
- 18.Net weight: 310kg
- 19.Gross weight: 340kg
- 20.MAX user:200kg

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WRK P 7000



- 1.Roller of P7000 adopts 100mm diameter.
- 2.P7000 measures heart rate high-sensitively via hand-grip sensing system.
- 3.LED dynamic digital screen of P7000 show functional parameter (applicable for built-in LCD touch screen system).
- 4.Function: direct function of speed, grade, time, distance and calorie.
- 5.Motor: Low-noise AC motor.
- 6.Program:8 styles
- 7.Motor power: 1100 for continuous power and 5.8HP for maximum power.
- 8.Input: 220V/50HZ/8.6A
- 9.Speed: 1-20km/h.
- 10.Gradient: 0-20%.
- 11.Running deck: elastic running platform design, thickened running belt, running board, lower noise.
- 12.Input voltage: 220V+10%U50-60HZ
- 13.Floor area: 2220\*900mm

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WRK P 7500



- |                 |   |
|-----------------|---|
| Screen          | LED screen,time,speed,incline,calorie,distance,heart rate |
| Program         | Inversion system for time,distance,calorie                |
| Motor system    | 11HP continuous power and 7.0 hp for maximum power        |
| Voltage         | AC:220V 50HZ-60HZ) 3,6A                                   |
| Speed           | 1-20km/h  |
| Incline         | 1-20%   |
| Heart rate      | testing by handle bar                                     |
| Belt size       | 3400*585mm  |
| Board size      | 25mm  |
| Production size | 2295*948*1655mm   |
| N.W.G.W         | 287kg/233kg   |
| MAX USER        | 170kg   |



**WRK-TXD180**

AB Costar  
Size(L\*W\*H(mm)):1600\*1450\*720mm  
Machine weight:40 kg



**WRK-W1**

Water rower  
Size(L\*W\*H(mm)):2200\*600\*550mm  
Machine weight:37 kg

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**WRK-D 07**  
动感单车 Spinning bike  
Size(L\*W\*H(mm)):1030\*1580\*1140mm  
Machine weight:68 kg



**WRK-C05**  
椭圆机 Elliptical machine  
Size(L\*W\*H(mm)):2100\*500\*1650mm  
Machine weight:150kg



**WRK-C01**  
登山机 Stepper  
Size(L\*W\*H(mm)):1250\*900\*1600mm  
Machine weight:90kg



**WRK-D 01**  
动感单车 Spinning bike  
Size(L\*W\*H(mm)):1120\*500\*1120mm  
Machine weight:60kg



**WRK-D 08**  
动感单车 Spinning bike  
Size(L\*W\*H(mm)):1030\*580\*1140mm  
Machine weight:70kg



**WRK-C04**  
卧式健身车 Recumbent bike  
Size(L\*W\*H(mm)):1500\*850\*1350mm  
Machine weight:110kg



**WRK-C03**  
立式健身车 Upright bike  
Size(L\*W\*H(mm)):1100\*550\*1500mm  
Machine weight:80kg



**WRK-AN 01**  
杠铃片架 Plate Tree  
Size(L\*W\*H(mm)):780\*780\*1100mm  
Machine weight:31 kg



**WRK-AN 02**  
短铃架 Dumbbell Rack  
Size(L\*W\*H(mm)):2360\*840\*850mm  
Machine weight:150 kg



**WRK-AN 05**  
蝴蝶机训练器 Pectoral Machine  
Size(L\*W\*H(mm)):1500\*1240\*1700mm  
Machine weight:275 kg  
Weight stack:100 kg



**WRK-AN 06**  
低拉背/坐姿划船训练器 Long Pull  
Size(L\*W\*H(mm)):1950\*1050\*1800mm  
Machine weight:380 kg  
Weight stack:100 kg



**WRK-AN 03**  
杠铃架 Barbell Rack  
Size(L\*W\*H(mm)):1130\*700\*850mm  
Machine weight:90 kg



**WRK-AN 04**  
坐姿高位背肌训练器 Lat Pulldown  
Size(L\*W\*H(mm)):1600\*1150\*1850mm  
Machine weight:335 kg  
Weight stack:100 kg



**WRK-AN 07**  
可调式腹肌训练椅 Crunch Bench  
Size(L\*W\*H(mm)):1740\*630\*1040mm  
Machine weight:45 kg



**WRK-AN 08**  
平凳 Flat Bench  
Size(L\*W\*H(mm)):1460\*650\*440mm  
Machine weight:35 kg





**WRK-AN-09**  
 大腿内侧肌训练器 Adductor/Inner Thigh  
 Size(L\*W\*H(mm)):1430\*1400\*1530mm  
 Machine weight:280 kg  
 Weight stack:70 kg



**WRK-AN-10**  
 大腿外侧肌训练器 Abductor/Outer Thigh  
 Size(L\*W\*H(mm)):1430\*1400\*1530mm  
 Machine weight:280 kg  
 Weight stack:70 kg



**WRK-AN-15**  
 三头肌训练器 Arm Extension  
 Size(L\*W\*H(mm)):1500\*960\*1530mm  
 Machine weight:260 kg  
 Weight stack:70 kg



**WRK-AN-16**  
 坐式蹬腿训练器 Leg Press  
 Size(L\*W\*H(mm)):1760\*1060\*1530mm  
 Machine weight:445 kg  
 Weight stack:100kg



**WRK-AN-12**  
 可调式可升降练习凳 Adjustable Bench  
 Size(L\*W\*H(mm)):1150\*600\*800mm  
 Machine weight:35 kg



**WRK-AN-13**  
 铁椅凳 Scott Bench  
 Size(L\*W\*H(mm)):1150\*700\*740mm  
 Machine weight:55 kg



**WRK-AN-17**  
 史密斯训练器 Smith Machine  
 Size(L\*W\*H(mm)):2300\*1400\*2500mm  
 Machine weight:250 kg



**WRK-AN-18**  
 臀腿/臀部复合训练器 Multi Hip  
 Size(L\*W\*H(mm)):1200\*1080\*1530mm  
 Machine weight:100 kg



**WRK-AN-14**  
 大飞鸟训练器 Cable Crossover  
 Size(L\*W\*H(mm)):3700\*890\*2250mm  
 Machine weight:485 kg  
 Weight stack:55 kgs\*2



**WRK-AN-19**  
 腰部后压训练器 Back Extension  
 Size(L\*W\*H(mm)):1200\*960\*1600mm  
 Machine weight:255 kg  
 Weight stack:65 kg



**WRK-AN-20**  
 坐式双向推胸训练器 Seated Chest Press  
 Size(L\*W\*H(mm)):1530\*1500\*1640mm  
 Machine weight:290 kg  
 Weight stack:100 kg



**WRK-AN-21**  
 坐式下拉训练器 Vertical Traction  
 Size(L\*W\*H(mm)):1250\*1300\*1870mm  
 Machine weight:300 kg  
 Weight stack:95 kg



**WRK-AN-22**  
 腹部前屈训练器 Total Abdominal  
 Size(L\*W\*H(mm)):1300\*900\*1520mm  
 Machine weight:285 kg  
 Weight stack:95 kg



**WRK-AN-23**  
 坐式伸腿训练器 Seated Leg Extension  
 Size(L\*W\*H(mm)):1200\*1080\*1530mm  
 Machine weight:255 kg  
 Weight stack:95 kg



**WRK-AN-24**  
 坐式单架 Vertical Bench  
 Size(L\*W\*H(mm)):1290\*1630\*940mm  
 Machine weight:74 kg



**WRK-AN-25**  
 助力单双杠训练器 Assisted Chin Up/Dip  
 Size(L\*W\*H(mm)):1080\*1100\*2380mm  
 Machine weight:350 kg  
 Weight stack:150 kg



**WRK-AN-24**  
 坐式曲腿训练器 Seated Leg Curl  
 Size(L\*W\*H(mm)):1550\*1480\*1600mm  
 Machine weight:255 kg  
 Weight stack:95 kg



**WRK-AN-30**  
 腹部前屈训练器 Abdominal Crunch  
 Size(L\*W\*H(mm)):1040\*1320\*1500mm  
 Machine weight:255 kg  
 Weight stack:95 kg



**WRK-AN-31**  
 罗马椅 Roman Chair  
 Size(L\*W\*H(mm)):2240\*1400\*760mm  
 Machine weight:22 kg



**WRK-AN-25**  
 二头肌训练器 Arm Curl  
 Size(L\*W\*H(mm)):1500\*960\*1520mm  
 Machine weight:260 kg  
 Weight stack:65 kg



**WRK-AN-26**  
 坐式单肩训练器 Shoulder Press  
 Size(L\*W\*H(mm)):1600\*1500\*1520mm  
 Machine weight:270 kg  
 Weight stack:65 kg



**WRK-AN-27**  
 低位坐式下拉训练器 Pull Down  
 Size(L\*W\*H(mm)):1300\*800\*1870mm  
 Machine weight:300 kg  
 Weight stack:95 kg



**WRK-AN-33**  
 低位拉背训练器 Low Row  
 Size(L\*W\*H(mm)):1600\*880\*1520mm  
 Machine weight:255 kg  
 Weight stack:95 kg



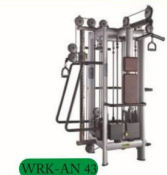
**WRK-AN 34**  
 坐式肩部训练器 Delt Machine  
 Size(L\*W\*H(mm)):1200\*980\*1600mm  
 Machine weight:216 kg  
 Weight stack:95 kg



**WRK-AN 35**  
 坐式拉提训练器 Rotary Torso  
 Size(L\*W\*H(mm)):1020\*1000\*1500mm  
 Machine weight:270 kg  
 Weight stack:65 kg



**WRK-AN 41**  
 五人站 Crossover&Cable Jungle  
 Size(L\*W\*H(mm)):3000\*980\*2500mm  
 Machine weight:680 kg  
 Weight stack:330 kg



**WRK-AN 33**  
 四人站 Cable Jungle  
 Size(L\*W\*H(mm)):1650\*1880\*2260mm  
 Machine weight:510 kg  
 Weight stack:275 kg



**WRK-AN 36**  
 后抬腿训练器 Glute Isolator  
 Size(L\*W\*H(mm)):1860\*1100\*2300mm  
 Machine weight:219 kg  
 Weight stack:70 kg



**WRK-AN 37**  
 卧式曲腿训练器 Phone Leg Curl  
 Size(L\*W\*H(mm)):1550\*1480\*1600mm  
 Machine weight:230 kg  
 Weight stack:95 kg



**WRK-AN 44**  
 豪华下斜推举架 Olympic Decline Bench  
 Size(L\*W\*H(mm)):1650\*1630\*1180mm  
 Machine weight:50 kg



**WRK-AN 47**  
 坐式上斜推胸训练器 Incline chest press  
 Size(L\*W\*H(mm)):1530\*1430\*1500mm  
 Machine weight:246 kg  
 Weight stack:100 kg



**WRK-AN 38**  
 蝴蝶机及飞鸟训练器 Butterfly Machine  
 Size(L\*W\*H(mm)):1600\*1500\*1520mm  
 Machine weight:285 kg  
 Weight stack:100 kg



**WRK-AN 40**  
 推肩椅 Utility Bench  
 Size(L\*W\*H(mm)):1000\*720\*1320mm  
 Machine weight:30 kg



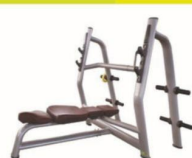
**WRK-AN 46**  
 立式小腿训练器 Standing Calf  
 Size(L\*W\*H(mm)):1300\*800\*1500mm  
 Machine weight:220 kg  
 Weight stack:100 kg



**WRK-AN 49**  
 三头下压训练器 Triceps Dip  
 Size(L\*W\*H(mm)):1300\*1130\*1450mm  
 Machine weight:219 kg  
 Weight stack:70 kg



**WRK-AN 50**  
 深蹲架 Squat Rack  
 Size(L\*W\*H(mm)):2300\*1270\*1100mm  
 Machine weight:150 kg



**WRK-AN 52**  
 豪华平卧举架 Olympic Flat Bench  
 Size(L\*W\*H(mm)):1730\*1640\*1270mm  
 Machine weight:54 kg



**WRK-AN 57**  
 下斜腹肌板 Web Board  
 Size(L\*W\*H(mm)):1650\*620\*1160mm  
 Machine weight:40 kg



**WRK-AN 58**  
 双杠提膝 Vertical Knees Up Dip  
 Size(L\*W\*H(mm)):1400\*800\*1600mm  
 Machine weight:55 kg



**WRK-AN 53**  
 坐式小腿训练器 Seated Calf Raise  
 Size(L\*W\*H(mm)):1300\*1343\*1500mm  
 Machine weight:266 kg  
 Weight stack:65 kg



**WRK-AN 54**  
 小飞鸟 Multi-Function Trainer/FTS Glide  
 Size(L\*W\*H(mm)):2400\*1400\*2200mm  
 Machine weight:350 kg  
 Weight stack:70 kg\*2



**WRK-AN 59**  
 豪华上斜举架 Luxurious Incline Bench  
 Size(L\*W\*H(mm)):1240\*633\*930mm  
 Machine weight:45 kg



**WRK-AN 60**  
 八人站 8 stations  
 Size(L\*W\*H(mm)):6500\*3460\*2310mm  
 Machine weight:1100 kg  
 Weight stack:425 kg



**WRK-AN 55**  
 深蹲架 Squat rack  
 Size(L\*W\*H(mm)):1620\*1030\*1480mm  
 Machine weight:170 kg



**WRK-AN 56**  
 倒置机 Leg press  
 Size(L\*W\*H(mm)):1530\*970\*1470mm  
 Machine weight:230kg



**WRK-AN 61**  
 十支装杠铃架 Barbell rack for 10pcs  
 Size(L\*W\*H(mm)):1485\*870\*970mm  
 Machine weight:65 kg



**WRK-AN 65**  
 臀部轰炸机 Hip machines  
 Size(L\*W\*H(mm)):1930\*1190\*420mm  
 Machine weight:130 kg



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**WRK-F 01**  
 俯卧曲腿 Prone Leg Curl  
 Size(L\*W\*H(mm)):1300\*990\*1350mm  
 Machine weight:216 kg  
 Weight stack:95 kg



**WRK-F 02**  
 坐姿伸腿 Leg Extension  
 Size(L\*W\*H(mm)):1300\*990\*1350mm  
 Machine weight:223 kg  
 Weight stack:95 kg



**WRK-F 03**  
 坐姿蹬腿训练器 Leg Press  
 Size(L\*W\*H(mm)):1620\*110\*1030mm  
 Machine weight:223 kg  
 Weight stack:145 kg



**WRK-F 04**  
 蝴蝶夹胸训练器 Butterfly  
 Size(L\*W\*H(mm)):1480\*860\*1620mm  
 Machine weight:223 kg  
 Weight stack:100 kg

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**WRK-F 05**  
 肩部训练器 Lateral Raise  
 Size(L\*W\*H(mm)):1300\*860\*1370mm  
 Machine weight:173 kg  
 Weight stack:65 kg



**WRK-F 06**  
 仰卧举肩 Shoulder Press  
 Size(L\*W\*H(mm)):1850\*1200\*1320mm  
 Machine weight:239 kg  
 Weight stack:65 kg



**WRK-F 07**  
 单双杠训练器 Dip Chin Assist  
 Size(L\*W\*H(mm)):1550\*1370\*2360mm  
 Machine weight:289 kg  
 Weight stack:150 kg



**WRK-F 11**  
 摆腿训练器 Multi Hip  
 Size(L\*W\*H(mm)):1310\*1150\*1650mm  
 Machine weight:239 kg  
 Weight stack:100 kg



**WRK-F 07**  
 反飞鸟 Pearl Delt/Pec Fly  
 Size(L\*W\*H(mm)):1240\*990\*2110mm  
 Machine weight:65 kg



**WRK-F 08**  
 立式推胸 Vertical Press  
 Size(L\*W\*H(mm)):1320\*1300\*1350mm  
 Machine weight:214 kg  
 Weight stack:100 kg



**WRK-F 13**  
 上斜推胸训练器 Incline chest press  
 Size(L\*W\*H(mm)):1620\*110\*1030mm  
 Machine weight:223 kg  
 Weight stack:65 kg



**WRK-F 17**  
 双臂机 FTS Glide  
 Size(L\*W\*H(mm)):1650\*1760\*2250mm  
 Machine weight:398 kg  
 Weight stack:55 kgs\*2

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WRK-F 18

转体训练器 Rotary Torso  
Size(L\*W\*H(mm)):1200\*950\*1620mm  
Machine weight:214 kg  
Weight stack:65 kg



WRK-F 19

腹部肌压 Abdominal Isolator  
Size(L\*W\*H(mm)):1190\*970\*1350mm  
Machine weight:209 kg  
Weight stack:95 kg



WRK-F 20

大腿内肌训练器 Adductor B  
Size(L\*W\*H(mm)):1550\*860\*1350mm  
Machine weight:214 kg  
Weight stack:65 kg



WRK-F 21

坐式腿屈 Seated leg curl  
Size(L\*W\*H(mm)):1310\*1150\*1650mm  
Machine weight:239 kg  
Weight stack:65 kg



WRK-F 20

坐式举肩 Shoulder press  
Size(L\*W\*H(mm)):1550\*860\*1350mm  
Machine weight:214 kg  
Weight stack:100 kg



WRK-F 21

大腿外肌训练器 Abductor A  
Size(L\*W\*H(mm)):1550\*860\*1350mm  
Machine weight:214 kg  
Weight stack:65 kg



WRK-F 24

后抬臀训练器 Glute Isolator  
Size(L\*W\*H(mm)):1120\*860\*1350mm  
Machine weight:141 kg  
Weight stack:70 kg



WRK-F 26

三头下压训练器 Seated Dip  
Size(L\*W\*H(mm)):1400\*1070\*1350mm  
Machine weight:230 kg  
Weight stack:70 kg



WRK-F 27

0度三头屈伸 Seated Tricep-Flat  
Size(L\*W\*H(mm)):1140\*940\*1470mm  
Machine weight:191 kg  
Weight stack:70 kg



WRK-F 28

45度三头肌训练器 Triceps extension  
Size(L\*W\*H(mm)):1190\*970\*1350mm  
Machine weight:209 kg  
Weight stack:95 kg



WRK-F 31

坐式长拉背训练器 Long Pull  
Size(L\*W\*H(mm)):2820\*1090\*2360mm  
Machine weight:268 kg  
Weight stack:145 kg



WRK-F 34

坐式平行拉背 Vertical row  
Size(L\*W\*H(mm)):1310\*1150\*1650mm  
Machine weight:239 kg  
Weight stack:95 kg



WRK-F 30

45度二头肌训练器 Camber curl  
Size(L\*W\*H(mm)):1550\*860\*1350mm  
Machine weight:214 kg  
Weight stack:65 kg



WRK-F 31

膝部后压训练器 Back Extension  
Size(L\*W\*H(mm)):1300\*890\*1350mm  
Machine weight:255 kg  
Weight stack:95 kg



WRK-F 35

高拉背训练器 Pull-down  
Size(L\*W\*H(mm)):1850\*1090\*2340mm  
Machine weight:248 kg  
Weight stack:100 kg



WRK-F 36

平凳 Flat Bench  
Size(L\*W\*H(mm)):1350\*760\*430mm  
Machine weight:30 kg





**WRK-F 37** 可调式腹肌板 Adjustable Decline Bench  
Size(L\*W\*H(mm)):1620\*760\*810mm  
Machine weight:61 kg



**WRK-F 39** 可调式哑铃练习凳 Super Bench  
Size(L\*W\*H(mm)):1620\*760\*810mm  
Machine weight:61 kg



**WRK-F 41** 下斜举架 Olympic Decline Bench  
Size(L\*W\*H(mm)):12060\*1780\*1090mm  
Machine weight:98 kg



**WRK-F 43** 上斜举架 Olympic Bench Incline  
Size(L\*W\*H(mm)):2060\*1350\*1600mm  
Machine weight:215 kg



**WRK-F 44** 扶膝椅 Seated Preacher Curl  
Size(L\*W\*H(mm)):1320\*840\*970mm  
Machine weight:55 kg



**WRK-F 47** 双杠提膝训练器 Vertical Knee Up Dip  
Size(L\*W\*H(mm)):1270\*710\*1600mm  
Machine weight:86 kg

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**WRK-F 55** 小杠铃杆架 Barbell Rack  
Size(L\*W\*H(mm)):970\*760\*1450mm  
Machine weight:80 kg



**WRK-F 56** 45度倒压机 Leg Press  
Size(L\*W\*H(mm)):2320\*1610\*1260mm  
Machine weight:172kg



**WRK-F 63** 史密斯机 Smith Machine  
Size(L\*W\*H(mm)):1090\*2180\*2320mm  
Machine weight:182 kg



**WRK-F 70** 腹肌训练器 Abdominal Trainer  
Size(L\*W\*H(mm)):1600\*930\*1050mm  
Machine weight:80 kg



**WRK-F 80 A** 双杠体膝加引体 Knee up chin-up pull up  
Size(L\*W\*H(mm)):1850\*1220\*1320mm  
Machine weight:110 kg



**WRK-F 71 A** 伸展器 Stretch trainer  
Size(L\*W\*H(mm)):1120\*860\*1350mm  
Machine weight:65 kg

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**WRK-F 01 A** 俯卧曲腿训练器 Prone Leg Curl  
Size(L\*W\*H(mm)):1520\*990\*1330mm  
Machine weight:216 kg  
Weight stack:95 kg



**WRK-F 02 A** 坐姿伸腿训练器 Leg Extension  
Size(L\*W\*H(mm)):1300\*990\*1350mm  
Machine weight:223kg  
Weight stack:35 kg



**WRK-F 04 A** 蝴蝶夹胸训练器 Butterfly machine  
Size(L\*W\*H(mm)):1520\*990\*1350mm  
Machine weight:216 kg  
Weight stack:100 kg



**WRK-F 05 A** 肩部训练器 Lateral Raise  
Size(L\*W\*H(mm)):1300\*960\*1370mm  
Machine weight:173 kg  
Weight stack:65 kg



**WRK-F 06 A** 仰卧举肩训练器 Shoulder Press  
Size(L\*W\*H(mm)):1850\*1220\*1320mm  
Machine weight:85 kg



**WRK-F 07 A** 反飞鸟训练器 Pearl Delt Pec Fly  
Size(L\*W\*H(mm)):1240\*940\*2110mm  
Machine weight:65 kg

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**WRK-F 08 A** 立式推胸训练器 Vertical Press  
Size(L\*W\*H(mm)):1300\*1300\*1350mm  
Machine weight:214 kg  
Weight stack:100 kg



**WRK-F 09 A** 单双杠训练器 Dip/Chin Assist  
Size(L\*W\*H(mm)):1550\*1370\*2360mm  
Machine weight:289kg  
Weight stack:150 kg



**WRK-F 11 A** 多腿训练器 Multi Hip  
Size(L\*W\*H(mm)):1630\*1150\*1310mm  
Machine weight:239 kg  
Weight stack:100 kg



**WRK-F 13 A** 斜推胸训练器 Incline chest press  
Size(L\*W\*H(mm)):2050\*1350\*1600mm  
Machine weight:215 kg  
Weight stack:65 kg



**WRK-F 16 A** 飞鸟训练器 Adjustable Crossover  
Size(L\*W\*H(mm)):4500\*1090\*2300mm  
Machine weight:396 kg  
Weight stack:55 kpx2



**WRK-F 18 A** 转体训练器 Rotary torso  
Size(L\*W\*H(mm)):1200\*860\*1620mm  
Machine weight:214 kg  
Weight stack:65 kg



**WRK-F 19 A** 腹部前侧训练器 Abdominal Isolator  
Size(L\*W\*H(mm)):1190\*970\*1350mm  
Machine weight:209 kg  
Weight stack:95 kg



**WRK-F 20 A** 立式举肩 Shoulder press  
Size(L\*W\*H(mm)):1900\*1430\*1620mm  
Machine weight:250kg  
Weight stack:100 kg



**WRK-F 21 A** 球外侧训练器 Abductor A  
Size(L\*W\*H(mm)):1550\*860\*1350mm  
Machine weight:214 kg  
Weight stack:95 kg



**WRK-F 22 A** 球内侧训练器 Adductor B  
Size(L\*W\*H(mm)):1550\*860\*1350mm  
Machine weight:214 kg  
Weight stack:65 kg



**WRK-F 23 A** 金式鱼刺 Leg curl  
Size(L\*W\*H(mm)):1510\*1060\*1620mm  
Machine weight:220 kg  
Weight stack:65 kg



**WRK-F 24 A** 后抬腿训练器 Glute Isolator  
Size(L\*W\*H(mm)):1120\*860\*1350mm  
Machine weight:141 kg  
Weight stack:70 kg



**WRK-F 26 A** 三头下压训练器 Seated Dip  
Size(L\*W\*H(mm)):1400\*1070\*1350mm  
Machine weight:230 kg  
Weight stack:70 kg



**WRK-F 27 A** 0度三头屈伸训练器 Seated Tricep-Flat  
Size(L\*W\*H(mm)):1140\*940\*1470mm  
Machine weight:191kg  
Weight stack:70 kg



**WRK-F 28 A** 45度三头肌训练器 Triceps extension  
Size(L\*W\*H(mm)):1190\*890\*1620mm  
Machine weight:168 kg  
Weight stack:70 kg



**WRK-F 30 A** 45度二头肌训练器 Camber Curl  
Size(L\*W\*H(mm)):1190\*890\*1350mm  
Machine weight:168 kg  
Weight stack:65 kg



**WRK-F 31 A** 腰部后压训练器 Back Extension  
Size(L\*W\*H(mm)):1300\*890\*1350mm  
Machine weight:255 kg  
Weight stack:95 kg



**WRK-F 33 A** 卧式低拉背训练器 LongPull  
Size(L\*W\*H(mm)):2820\*1090\*2360mm  
Machine weight:268 kg  
Weight stack:145 kg



**WRK-F 34 A** 金式平行拉背 Vertical Row  
Size(L\*W\*H(mm)):1550\*1320\*1600mm  
Machine weight:194 kg  
Weight stack:95 kg



**WRK-F 35 A** 垂直高位拉背训练器 PullDown  
Size(L\*W\*H(mm)):1850\*1090\*2340mm  
Machine weight:248 kg  
Weight stack:100 kg



**WRK-F 36 A** 平凳 Flat Bench  
Size(L\*W\*H(mm)):1350\*790\*430mm  
Machine weight:30 kg



**WRK-F 37 A** 可调节倾斜凳 Adjustable Decline Bench  
Size(L\*W\*H(mm)):1620\*760\*810mm  
Machine weight:61 kg



**WRK-F 38 A** 多功能凳 Multi-Purpose Bench  
Size(L\*W\*H(mm)):1170\*760\*820mm  
Machine weight:30 kg



**WRK-F 39 A** 可调节倾斜凳 Super Bench  
Size(L\*W\*H(mm)):1620\*760\*810mm  
Machine weight:61 kg



**WRK-F 41 A** 下斜举架 Olympic Decline Bench  
Size(L\*W\*H(mm)):2060\*1780\*1090mm  
Machine weight:98 kg



**WRK-F 42 A** 上斜举架 Olympic Bench Incline  
Size(L\*W\*H(mm)):2060\*1780\*1400mm  
Machine weight:127 kg



**WRK-F 43 A** 平斜举架 Olympic Bench  
Size(L\*W\*H(mm)):1720\*1780\*1220mm  
Machine weight:82 kg



**WRK-F 44 A**

牧师椅 Seated Preacher Curl  
Size(L\*W\*H(mm)):1320\*840\*970mm  
Machine weight:55 kg

**WRK-F 45 A**

罗马椅 Back Extension  
Size(L\*W\*H(mm)):1220\*860\*960mm  
Machine weight:57 kg

**WRK-F 47 A**

双杠膝盖训练器 Vertical Knee Up/Dip  
Size(L\*W\*H(mm)):1270\*710\*1600mm  
Machine weight:66 kg

**WRK-F 48 A**

框式深蹲架 Power Cage  
Size(L\*W\*H(mm)):1570\*1240\*2340mm  
Machine weight:154 kg

**WRK-F 49 A**

双层哑铃架 Dumbbell Rack  
Size(L\*W\*H(mm)):740\*2460\*810mm  
Machine weight:111 kg

**WRK-F 50 A**

小深蹲架 Squat Rack  
Size(L\*W\*H(mm)):1850\*1730\*1800mm  
Machine weight:128 kg

**WRK-F 51 A**

坐式举架 Olympic Seated Bench  
Size(L\*W\*H(mm)):1120\*860\*1350mm  
Machine weight:141 kg

**WRK-F 53 A**

手把架 Handle Rack  
Size(L\*W\*H(mm)):940\*760\*1040mm  
Machine weight:61 kg

**WRK-F 54 A**

杠铃片架 Vertical Plate Tree  
Size(L\*W\*H(mm)):610\*580\*1240mm  
Machine weight:39 kg



**WRK-F 55 A**

小红铃杆架 Barbell rack  
Size(L\*W\*H(mm)):970\*760\*1450mm  
Machine weight:80 kg

**WRK-F 56 A**

45度倒腿机训练器 Leg Press  
Size(L\*W\*H(mm)):2320\*1610\*1260mm  
Machine weight:172 kg

**WRK-F 57 A**

挂片式斜脚机 Hack Slide  
Size(L\*W\*H(mm)):2230\*1630\*1270mm  
Machine weight:172 kg

**WRK-F 61 A**

划船机 Incline Level Row  
Size(L\*W\*H(mm)):1850\*790\*1190mm  
Machine weight:66 kg

**WRK-F 62 A**

坐式小腿训练器 Seated Calf  
Size(L\*W\*H(mm)):1650\*710\*990mm  
Machine weight:49 kg

**WRK-F 63 A**

史密斯机训练器 Smith Machine  
Size(L\*W\*H(mm)):1090\*2180\*2320mm  
Machine weight:182 kg

**WRK-F 64 A**

8人站 8 Station  
Size(L\*W\*H(mm)):1090\*2180\*2320mm  
Machine weight:1100 kg  
Weight Stack:620kg

**WRK-F 65 A**

深蹲机 Super Squat  
Size(L\*W\*H(mm)):1760\*1070\*2040mm  
Machine weight:110 kg

**WRK-F 72 A**

女士三层哑铃架 3 Layers Dumbbell for Lady  
Size(L\*W\*H(mm)):1450\*650\*1000mm  
Machine weight:71 kg



**WRK-G 05**

坐式推胸训练器 Chest Press  
Size(L\*W\*H(mm)):1500\*1200\*1715mm  
Machine weight:165 kg



**WRK-G 10**

宽位推胸训练器 Wide chest press  
Size(L\*W\*H(mm)):1450\*1182\*1715mm  
Machine weight:165 kg



**WRK-G 15**

坐式上斜推胸训练器 Incline chest press  
Size(L\*W\*H(mm)):1540\*1030\*1665mm  
Machine weight:163 kg



**WRK-G 25**

坐式低拉训练器 Low row  
Size(L\*W\*H(mm)):1320\*1250\*1630mm  
Machine weight:128 kg



**WRK-G 20**

坐式下拉训练器 Pull Down  
Size(L\*W\*H(mm)):1110\*1740\*1990mm  
Machine weight:152 kg



**WRK-G 30**

划船器 Row  
Size(L\*W\*H(mm)):1190\*1360\*1300mm  
Machine weight:167 kg



MND-G系列



WRK-G 35

坐式单肩训练器 Shoulder press  
Size(L\*W\*H(mm)):1290\*1260\*1485mm  
N.W.:148 kg  
Max weight of plate:120kg



WRK-G 40

后抬腿训练器 Rear kick  
Size(L\*W\*H(mm)):1500\*1200\*1715mm  
N.W.:135 kg  
Max weight of plate:120kg



WRK-G 45

坐式小腿训练器 Calf  
Size(L\*W\*H(mm)):1450\*1182\*1715mm  
N.W.:155 kg  
Max weight of Plate:280kg



WRK-G 50

坐式推腿训练器 Leg Press  
Size(L\*W\*H(mm)):1780\*2060\*1525mm  
N.W.:215 kg  
Max weight of Plate:280kg



MND-H系列



WRK-H 1

推胸/背部训练器 Chest press/row  
Size(L\*W\*H(mm)):1020\*1310\*1780mm  
Machine weight :53kg



WRK-H 2

蝴蝶机/子弹训练器 Butterfly/pearl delt  
Size(L\*W\*H(mm)):990\*1290\*720mm  
Machine weight :55kg



WRK-H 3

前部/高位推举训练器 Overhead press/pulldown  
Size(L\*W\*H(mm)):990\*1300\*720mm  
Machine weight :54kg



WRK-H 4

二头肌/三头肌训练器 Arm Curl/triceps extension  
Size(L\*W\*H(mm)):1050\*850\*740mm  
Machine weight :38kg

MND-H系列



WRK-H 5

伸屈腿训练器 Leg Extension/leg curl  
Size(L\*W\*H(mm)):1360\*1360\*775mm  
Machine weight :54kg



WRK-H 6

大腿内外侧训练器 Hip Abductor/Adductor  
Size(L\*W\*H(mm)):1375\*1400\*720mm  
Machine weight :59kg



WRK-H 7

蹬腿训练器 Leg press  
Size(L\*W\*H(mm)):1615\*1600\*670mm  
Machine weight:74 kg



WRK-H 8

深蹲训练器 Squat machine  
Size(L\*W\*H(mm)):1760\*1340\*720mm  
Machine weight:62 kg



WRK-H 9

背部/腹部训练器 Back Extension/abdominal  
Size(L\*W\*H(mm)):1240\*990\*720mm  
Machine weight:47 kg



WRK-H 10

转体训练器 Rotary Torso  
Size(L\*W\*H(mm)):1020\*930\*950mm  
Machine weight:34 kg



多功能训练器  
Crossfit Trainer

更多的训练单元，可进行多种多样的健身运动，让用户能更全面的锻炼身体。同时提供多种不同难度的训练，包括举重、跳绳、引体向上、TRX 训练器等，核心锻炼等训练，同时配合杠铃、力量训练、平衡力、耐力、速度、灵敏等训练。

WRK-E 360 A

- 规格:
- 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
- Accessories:
- TRX rope 1套
  - Small suspension bar 1套
  - Rowing strap 1套
  - Olympic bar 1套
  - Kettle bell 1套
  - Medicine ball 1套
- 品牌/型号: 8000/8000-0100000



WRK-E 360 B

- 规格:
- 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
- Accessories:
- TRX rope 1套
  - Small suspension bar 1套
  - Rowing strap 1套
  - Olympic bar 1套
  - Kettle bell 1套
  - Medicine ball 1套
- 品牌/型号: 8000/8000-0100000

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WRK-E 360 E

- 规格:
- 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
- Accessories:
- TRX rope 1套
  - Small suspension bar 1套
  - Rowing strap 1套
  - Olympic bar 1套
  - Kettle bell 1套
  - Medicine ball 1套
- 品牌/型号: 8000/8000-0100000



WRK-E 360 F

- 规格:
- 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
- Accessories:
- TRX rope 1套
  - Small suspension bar 1套
  - Rowing strap 1套
  - Olympic bar 1套
  - Kettle bell 1套
  - Medicine ball 1套
- 品牌/型号: 8000/8000-0100000



WRK-E 360 K

- 规格:
- 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
  - 训练单元 27个
- Accessories:
- TRX rope 1套
  - Small suspension bar 1套
  - Rowing strap 1套
  - Olympic bar 1套
  - Kettle bell 1套
  - Medicine ball 1套
- 品牌/型号: 8000/8000-0100000

